



“Things to Bring” to Green Light Academy

You MUST pack light! We cannot stress this enough. We have very limited space in our cargo van to transport luggage to Maine. You will also be able to do laundry in the dorms, so you may limit the amount of clothing you bring. Please do not bring excessive bedding: 1 sleeping bag, 1 single fitted sheet, and 1 pillow only! Please bring your belongings in a soft duffle bag, backpack, or carry-on, so that it will fit easily into the van (no hard-shell suitcases).

REQUIRED ITEMS

LINENS

- Sleeping Bag (some of our fields trips involve camping!)
- 1 Single Fitted Sheet for your dorm mattress
- Pillow & pillowcase
- Bath Towel

LAUNDRY: coin operated washers and dryers are available in the dorms.

- A roll of quarters (We will provide detergent or you will be able to buy your own at the local grocery store).

OBJECTS TO CARRY AT ALL TIMES:

- Water Bottle, Insect Repellent , Sunscreen, lip balm, hat, windbreaker/ jacket

CLOTHING:

We suggest that students bring old, comfortable, clothing. New clothing may look like old clothing when the students get home! **PACK AS LIGHTLY AS POSSIBLE – THE LESS YOU PACK THE LESS YOU CARRY!!** There are coin-op

washers and dryers in the dorm to use as needed. **NO miniskirts, spaghetti-strap tank tops, or short -shorts; consider the academy dress code the same as your high school dress code.**

- **Hiking Boots or Tennis Shoes** (Sandals and flip flops are NOT appropriate for outdoor activities, field trips, or hiking, beaches, etc.)
- Sandals or slippers for dorms
- Daily change of socks and underwear
- T-shirts (no tube tops, halters, or “spaghetti strap” tiny tops).
- Hiking Shorts (knee-length khaki /cargo shorts, or long athletic shorts recommended)
- Jeans/cargo pants/khakis (1 pair of rugged pants with pockets recommended)
- Sweat pants for athletic activities
- Warm hoodie/fleece/sweater or sweatshirt
- Windbreaker or waterproof jacket (recommended for inclement weather)
- Hat (baseball cap or visor recommended for outdoor activities but cannot be worn indoors during classes)
- Wristwatch

Please remember you will be able to wash your dirty clothes in the dorms! Do not bring more clothing than you need.

TOILETRY ITEMS:

- Toothpaste and toothbrush
- Body Soap, Shampoo, Conditioner
- Brush or Comb
- Deodorant
- Medication (must be listed on medical sheet)

OPTIONAL RECOMMENDATIONS:

- Camera
- Acoustic guitar if you play one!
- Flash drive for computer use
- Sunglasses
- Playing Cards
- Shower flip-flops
- Laptops (for use in dorms only)
- ONE simple “nice” outfit (sundress for girls, button-down shirt for guys)

for graduation ceremony on last day

DO NOT BRING:

- * Valuables (ipods, jewelry—anything that might be stolen or easily lost)
- * Pocket knives or weapons of any kind, lighters, matches, fireworks, cigarettes, alcohol, any illegal substance.
- * Unnecessary items: dressy clothes, excessive toiletries or perfume, electronics, jewelry, make-up, stuffed toys, hairdryers, curling irons, etc.

CELL PHONES:

Students may bring their cell phones, but all phones and electronics including ipods, ipads, video games, etc., must be left in the dorm rooms at all times during the GLA. You may not carry it with you or possess it in the classroom, dining hall, during fieldtrips, or experiments. You may call/text your friends and parents from your rooms during dorm time only.

GLA staff will all have cell phones in order to call parents in case of emergency. Parents will also have all staff contact information in order to reach students during the day if it is urgent. Students of GLA should be focused on GLA activities and mixing with other students during all scheduled classroom, recreational, and social activities. Parents should plan on speaking with their students between 10pm and 11pm each night during down-time in dorms.

Spending Money:

All transportation, lodging, meals, etc. is provided in the GLA. Students may, however, wish to bring pocket money (around \$20 per week or \$50–60 total) for incidentals such as vending machine snacks, coin-op laundry, and optional shopping trips to the grocery store, CVS, etc.